

Nutrition & Food Studies Minor

Degree Type Minor

Food is essential, and food systems are interconnected and complex. The minor in nutrition & food studies provides an interdisciplinary opportunity for students to explore the interrelations between health science, sustainability and other systems. With a scientific foundation in nutrition principles and hands-on exploration of local and sustainable food systems, students then choose electives of interest to inform their interdisciplinary understanding of food.

Requirements:

Item #	Title	Credits
ESS 211	Nutrition Principles	4.0
ENV 315	Sustainable Food Systems	4.0
	Nutrition & Food Studies Minor Electives	12