

ESS 307 : Basic Therapeutic Intervention (+lab)

This course focuses on the theory, principles, physiological effects and application of various therapeutic interventions designed to maximize patient's participation and health-related quality of life. The indications, contraindications and operational protocols for common therapeutic interventions and pharmacological agents to moderate pain and inflammation and restore function are addressed. Emphasis is placed on determining therapeutic goals, appropriate use of progression and ability to return to athletic participation. Laboratory experiences are used to supplement classroom instructions.

Credits 4

Proficiency

QL

Prerequisites

[ESS 215](#) or [ESS 216](#)

Semester Offered

Offered fall