

## ESS 105 : First Aid and CPR

This course is designed to prepare students with basic knowledge and skills in first aid and CPR for workplaces, schools and individuals. Additionally, components of the emergency medical service system are discussed. There is an additional fee charged for American Red Cross certification. This course is offered as a hybrid course with meeting times for skills testing.

**Credits 1**

**Semester Offered**

Offered fall and spring