

PSY 310 : Counseling Psychology

This course introduces students to the field of counseling psychology and provides an overview of the major theories of counseling and the methods used to put those theories to work in the helping relationship. Students will develop an understanding of how counseling practice is grounded in theory. In addition, students will learn and practice some basic “helping” skills - the foundation of counseling techniques. This course is particularly applicable to students who are preparing for internships in psychology and for those who will pursue careers or graduate work in psychology and related fields (like education and nursing).

Credits 4

Prerequisite Courses

[PSY 101: Introduction to Psychology](#)

[PSY 202: Personality Psychology](#)

Prerequisites

- Junior standing

Semester Offered

Offered fall of odd-numbered years