

NUR 308 : Introduction to Holistic Care

Students in this course will explore the philosophy, theory and tradition of holistic care practices. Through a medical humanities lens, we will examine questions such as: What is holism? How does holistic practice shape care systems and practices of individuals, families and communities? Students will explore holistic care practices in domestic and global contexts while exploring its philosophical, theoretical, historical and cultural frameworks. Students will be introduced to current evidence-based practice, complementary and alternative healing modalities and the dynamic, interconnected human health experience through the development of knowledge, skills and attitudes derived from standard models of holistic care and from national and global initiatives.

Credits 2

Prerequisites

First year nursing courses.