

Coaching Certificate

Degree Type Certificate

The coaching certificate program educates students who are interested in pursuing careers in coaching as well as students who plan to coach athletics on a part-time basis. Students are introduced to the core knowledge and experiential components of sport coaching. The certificate is a formal acknowledgement of training in coaching that is recognized by most states in the U.S. and all states in New England.

Requirements:

Total credits 16-17

[ESS 105](#) (competency requirement, CPR certification must be valid for graduation)

| Item # | Title | Credits |
|---------|--------------------------------|---------|
| ESS 100 | Personal Health and Wellness | 4.0 |
| ESS 105 | First Aid and CPR | 1.0 |
| | ESS 206 or ESS 324 | 4 |
| ESS 328 | Theory of Coaching | 4.0 |
| | Coaching Certificate Electives | 4 |